# Digest Mend®

## Promotes Gastrointestinal Health & Function\*

- Maintains healthy gastrointestinal tissue permeability\*
- Encourages healthy gastric microboime\*
- Supports gastric and oral mucasal natural repair processes\*

Digest Mend<sup>®</sup> provides comprehensive support for digestive health and function. Soothing herbs such as Licorice and Aloe Vera encourage healthy inflammatory response in tissues and support the natural healing processes in the epithelial and mucosal lining. Glutamine and Zinc Carnosine promote the integrity of gastrointestinal tissues to support proper permeability of the lining of the gut. Chamomile and Lemon Balm provide nervous system support to harmonize the digestive processes. Many of the herbs and natural compounds in this formula help normalize the stomach microbiome.\*

# Supplement Facts

Serving Size: 6 capsules Servings Per Container: 30

	Amount Per Serving	%Daily Value
Zinc (as zinc carnosine)	5 mg	45%
Potassium (as potassium bicarbonate)	190 mg	4%
Deglycyrrhizinated Licorice ( <i>Glycyrrhiza</i> glabra) Root Extract	500 mg	*
Marshmallow ( <i>Althaea officinalis</i> ) Root (Organic)	500 mg	*
Potassium Bicarbonate	500 mg	*
Sodium Alginate (from Ocean Harvested Kelp)	300 mg	*
L-Glutamine	250 mg	*
Mastic Gum (Pistacia lentiscus Sap) Complex	225 mg	*
D-Limonene (from Orange Peel Oil)	120 mg	*
Chamomile (Matricaria recutita) Flower Extract	120 mg	*
Aloe Vera ( <i>Aloe barbadensis</i> ) Inner Leaf (BiAloe <sup>®</sup> ) (Organic)	100 mg	*
Papaya (Carica papaya) Leaf (Organic)	90 mg	*
Bee Propolis Extract	90 mg	*
Ginger (Zingiber officinale) Root Extract	50 mg	*
Lemon Balm ( <i>Melissa officinalis L.</i> ) Aerials Extract	50 mg	*
Zinc Carnosine	40 mg	*
* Daily Value Not Established		

Other Ingredients: Vegetarian Capsule (Hypermellose, Water), Microcrystalline Cellulose, Silicon Dioxide, and Magnesium Stearate.

DOES NOT CONTAIN: Wheat, soy, milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, sesame.

Available in 180 capsules

SUGGESTED USE: 6 capsules daily or as directed by your healthcare practitioner.

†Amino acid chelates and complexes supplied by Albion Human Nutrition

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



NATURA Health products®

### FEATURING

#### Deglycyrrhizinated Licorice (Glycyrrhiza glabra)

Licorice has a long history of use in Chinese, Ayurvedic, and European traditional medicines where it is valued for its ability to soothe the mucous membranes of the body. Licorice has been shown to modulate healthy inflammatory response in the gastrointestinal system, as well as promote a healthy stomach microbiome. Deglycyrrhizinated Licorice is a form of Licorice that enhances intestinal function by coating and soothing the intestinal lining.\*

#### Glutamine (as Magnesium Glycyl Glutamine Chelate)

Glutamine is an amino acid that is critical for healthy digestive system function. A vital nutrient utilized by intestinal mucosal cells, Glutamine supports the natural repair processes in the epithelial and mucosal lining, and regulates intestinal barrier function to encourage proper gut permeability. Healthy gut permeability is not only critical for nutrient absorption, but also for deterring harmful compounds from entering the blood stream.\*

#### Mastic Gum (Pistacia lentiscus)

Mastic gum is the exudate of Pistacia lentiscus, the mastic tree, which is native to the Greek Island Chios in the Aegean Sea. For centuries, Mastic gum has been highly valued for its ability to promote intestinal and digestive health. Mastic gum encourages healthy microbial balance within the gut and supports the natural healing process in gastric and oral mucosa.\*

#### Chamomile (Matricaria recutita)

Chamomile is a traditional herbal known for its relaxing influence on the nervous system. It is noted for its ability to support healthy digestion and calm mild stomach upset related to nervousness. Chamomile has been shown to promote healthy function of gastric mucosa.\*

#### **Bee Propolis**

Propolis is a unique, somewhat waxy compound made by bees from plant material they collect and use as a sealant to protect the hive. Propolis is recognized for its ability to promote healthy microbial balance, modulate healthy inflammatory response, and support the body's natural healing process by encouraging re-epithelization.\*

#### Zinc Carnosine

Zinc, a biologically-essential trace mineral, is vital for almost all physiological processes. Zinc Carnosine is found to enhance gastrointestinal epithelial barrier function and promote mucosal health and function. It also provides antioxidant activity, which contributes to its ability to benefit gastric health.\*



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